



June Anniversaries



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New Arrival

Congratulations to Jim and Jennifer Heay on the birth of their son, Nathan, born on May 16, 2005.

Employee of the Month

Congratulations to Sandy Olson, the deserving recipient of June's Employee of the Month award.

As many of you know, she's really a country girl who has made her way to the "Big City" and we are glad to have her with us.



Sandy is always in high demand since a Purchasing Agent's job means you have to drop everything and take care of the latest emergency as soon as possible.

Throughout her nine years with the company Sandy has learned the inter-workings of the plant and its cast of characters while demonstrating the impressive ability to fill in the gaps wherever needed. She does this with a positive can-do attitude and also, with a little prompting, provides a hint of sarcastic humor to boot.

Many of us here should stop and remember how often we ask for Sandy's help and recognize that so many of those jobs she is given somehow get done without further worry.

Please congratulate Sandy for this award as well as the much appreciated effort she puts forth for the company.

Brad Flinn, Vice President & C.F.O.

Remember Father's Day,
Sunday, June 19th.

Let's Get Busy!

This past winter was one of the slowest on record around BCS with customer sales strong and inventory shooting out the door faster than ever. The balance of the spring, however, and upcoming inbound summer and fall activities around both the Squalicum and Orchard plants are expected to be one of the busiest.

Several of our long-term seafood customers are gearing up for a big year on receiving, freezing and processing various seafood products. We should be in full swing quite a bit earlier this year due to both the warmer than normal weather for berries as well as the recent opportunity to accommodate several of the North Pacific factory trawlers who will have already made a few deliveries by the time this article is released. BCS has also secured leases for our last two processing areas and is now all leased up. This new activity combined with overall increased production plans by most all of our in-house production customers should result in a reasonable year despite the slow start.

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Mike Roberts, BCS Seafood Sales & Marketing manager, has worked very hard over the last several months to secure a significant amount of new seafood business. If you see him running around the plant or office, please join me in thanking him for a job well done! Now, the Plant Operations and Office Staff has an opportunity to take good care of the new business along with all of our existing customers so that we can continue to keep everyone happy that have trusted us with their service needs.

José Roques, BCS Special Projects Manager and Fruit & Vegetable Sales & Marketing manager, has been busy with several capital improvement projects this winter along with Mike Clausen, our Chief Engineer and Maintenance Manager. One of the most significant is the increase of cooler space at our Orchard Facility through the conversion of 16,000 square feet of freezer space which will accommodate both of our surimi customers' chilled finished products as well as the cruise ship business activities. This is a fully racked facility designed for intensive picking of various products in the most efficient manner and is already being put to extensive use. Under Jose's other hat, he has been working on more fruit freezing business which will come during the summer berry season. Good work José!

I really want to thank everyone on the BCS Office Staff, Plant and Management teams who have worked so hard and professionally to round up and/or assist with additional business. Your efforts and great attitude along the way were exactly what we needed to get the job done.

Let's Get Busy!

Douglas G. Thomas, *President & CEO*



¡GRACIAS! It was WHEEL easy.

by Karen Hollingsworth

Thank you to everyone who participated in the Spring Wheel OptiOns program. We had lots of fun and even **eliminated 1,541 miles** from being driven (that is approximately the distance from Bellingham to beyond the Mexican border). You also **saved 85 pounds** of carbon monoxide from being emitted into the environment.

Aside from beginning a great new habit, everyone who attempted a commute option at least twice during the contest was entered into our company drawing. These people were randomly selected and awarded \$25.00 gift certificates to Hardware Sales: Dana Briley, Eric Brown, Clyde Duranceau, Mark Emmons, Rick Endersby, John Enyeart, Oris Evans and Jerry Farwell.

I have entered all 33 of the participants' names into the state prize drawings. Caribbean cruise for two, anyone? Good luck to each of you! Your trip. Your way.

Who Said It?

See if you can match the following quotes with the right person.



- | | |
|--|--------------------------|
| 1. Always do right. This will gratify some people and astonish the rest. | (a) Golda Meir |
| 2. Courage is very important. Like a muscle, it's strengthened by use. | (b) Muhammed Ali |
| 3. The man who has no imagination has no wings. | (c) Norman Vincent Peale |
| 4. Getting people to like you is simply the other side of liking other people. | (d) Mark Twain |
| 5. You can't shake hands with a clenched fist. | (e) Ruth Gordon |

Answers: 1. (d) Mark Twain. 2. (e) Ruth Gordon. 3. (b) Muhammed Ali. 4. (c) Norman Vincent Peale. 5. (a) Golda Meir.

A Commuter's Rant

by Clyde Duranceau, I.S. Manager



I have been commuting to BCS for over 25 years and at 30 miles one-way that adds up to a lot of miles. Over 360,000 miles, more that 14 times around planet earth, and this doesn't even count all of the daily trips between the Squalicum Plant and the Orchard Plant or uptown on some errand or the occasional weekend to do some computer maintenance.

When I first started commuting to Bellingham I thought, "What a long drive to work", but after a few months I found that there were some advantages to my early morning commute. First, since I am on the road between 5:30am and 6:00am, there was not a lot of traffic and second, I could plan my day and hit the ground running when I got to work. The drive home gave me a chance to unwind after a fast-paced day at work. Over the years I have seen a steady increase in traffic, especially the last 5-7 years. That peaceful morning ride has gone from seeing a half dozen cars to well over a hundred. The drive home has become crowded, aggressive and sometimes ugly, especially on Fridays.

Anyway this story is really not about me, but about some of the amusing, frustrating or unbelievable things I have seen or experienced during my commutes. For purposes of this article I will define the right-hand lane as the slow lane and the left lane as the passing lane.

Have you ever been behind someone on the freeway on-ramp going 40mph trying to merge into 70mph traffic? I call this the "suicide entrance". Don't you just love those new super bright halogen headlights? It's like driving with your high beam lights on all of the time. No wonder so many drivers are wearing dark glasses after the sun goes down. Do we really need to see three miles down the road? What about that person who rapidly catches up to you and then just stays a few feet from your rear bumper. Don't you just want to slam on the brakes?

One dark, winter morning as I was driving 35mph in compact snow and ice, an SUV passed me doing 45 or 50mph, and ¼ mile down the road I saw white lights, then red lights, then white lights. This continued for three full 360-degree turns and finally came to rest on the side of the road. This person avoided going into the ditch unlike the three other vehicles I had already seen in the ditch that morning.

Have you ever been behind someone in the passing lane and they gradually start slowing down for no apparent reason, and you can see no one in front of them for 500 yards? You guessed it, they are talking on their cell phone. I call that "de-cell-eration". Actually I call it something else that we can't print. Sidenote: A lot of cell phone users have become adept at one-thumb dialing and a lot of them can't do it by touch so they have to peek and that means taking your eyes off the road. Also, I think Human Resource managers should examine closely any work-related thumb injuries, especially heavy users of cell phones.

Have you ever been behind someone in the 70mph-passing lane that is doing 60-65mph and refuses to move to the slow lane? However, when you try to pass them in the slow lane they speed up. Well, here's your sign. Or you are in the slow lane behind another vehicle and a car pulls up alongside in the passing lane and just stays there like they are trying to box you in. That reminds me of another situation where a car pulls up alongside and another car immediately behind the first car in the passing lane wants to pass but the one in front won't budge. Well, the car passed, but he passed my car and the car in front of me on the right! That's the parking strip, buckwheat! Here's your sign.

Hey, what is up with driving with your feet on the dash? Well, maybe I can see one foot, but not both feet! If I did that my hips would lock and I would be forever driving my car until I ran out of gas. Hopefully I would be able to reach the key so I could turn the ignition off. What about shaving while you are driving, looking in the visor mirror or rear view mirror and putting on lipstick or mascara? Is putting on mascara a one-hand or two-hand operation? I don't know the answer to that, but wouldn't it be safer to get up five minutes earlier? I don't know about you, but it scares the heck out of me to pass a vehicle going 70mph, take a quick glance to the right and see that the driver has their nose pressed to the rear view mirror. Cruise control has allowed drivers to get very creative by steering with their knees.

Hey, what about those animal lovers? Well, I like animals too, but I don't have them draped around my neck or sitting in my lap when I am driving. I once saw a toy poodle driving a Toyota at 70mph. Well, it looked like the dog was driving because it had its paws on the steering wheel and it looked more in control than the human did.

In conclusion I would like to leave you with a couple of thoughts. It is better to give the right-of-way than to try and take it and not get it, and I hope we never meet by accident.



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BCS Core Values

Teamwork • Integrity • Quality • Accountability • Attitude
Teamwork: We support the concept of teamwork. We encourage fellow employees in their efforts to do a good job, helping whenever possible.
Integrity: We treat all people and property with honesty and respect, and are dedicated to building trust with our employees and customers.
Quality: We are enthusiastically committed to providing the highest standards of service, product and performance.
Accountability: We willingly accept responsibility for our actions.
Attitude: We have a positive outlook and progressive approach toward our jobs, customers and fellow employees.

Valores Basicos de BCS

Cooperacion • Integridad • Calidad • Responsabilidad • Actitud
Cooperación: Nosotros soportamos el concepto de cooperación. Hemos todo lo posible para animar nuestros empleados en sus esfuerzos para hacer un buen trabajo cuando sea posible.
Integridad: Nosotros tratamos a toda la gente y toda la propiedad con sinceridad y respeto y nos dedicamos sobre tener buenas relaciones con todos los empleados y clientes.
Calidad: Estamos entusiastamente comitedo en proveer servicio del mas alto nivel de ejecución y también en proveer producto de la mejor calidad.
Responsabilidad: Nosotros con gusto acepto la responsabilidad por nuestros acciones.
Actitud: Nosotros mantenemos un modo cierto y positivo sobre los clientes y nuestros empleados y también mostraremos un modo progresivo en nuestro trabajo.