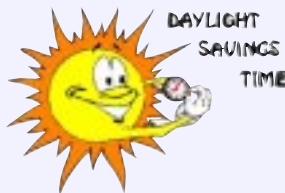




March Anniversaries

Mark Emmons	30
Mike Holcomb	29
Brian Morgan	29
Chuck Smith	29
Sharon Statema	20
Doug Thomas	14
Juan Padilla	11
Sandy Olson	10
Kyle Loney	9
Virgilio Martinez	9
Matt Mulder	6
Abraham Sierra	5



Remember to set your clocks ahead on Sunday, April 2nd. Yippee!

Who is this Masked Man?



Find out on page 5.

Spring begins Monday, March 20th.



Employee of the Month - Gary Terpsma

This month's employee of the month took a very difficult job and enthusiastically and energetically made it his own.

Many people would have learned the job the way it had always been done and let it go at that. When Gary Terpsma was given the responsibility of the BCS Ice House he started looking at whatever he could do to streamline the job and improve the working environment.



For the last several weeks Gary and Shawn Calloway have worked at cleaning and painting every pipe, beam, valve and clamp in the pulling room and flaker room. The ammonia pipes, water pipes, and discharge pipes are all color coded now. Trash cans full of rust have been scraped off of the iron. Walls have been cleaned and painted and the entire ice house shows signs of Gary's attention. We're not talking about just slapping some paint here and there, either. Gary has done a lot of painting jobs over the years and has a very professional approach to the task. It all looks very good. What has impressed me the most is that Gary really didn't have to do any of this work. He could have ignored the dirty projects or asked to have them contracted out. That's just not his style.

On behalf of BCS, Gary, I want to thank you for doing the extra things to improve the job and the company.

Mike Coggins, Fish House Foreman

Safety on the Scene

by Karen M. Hollingsworth

The Ammonia Safety Training Institute, represented by Jim Ennes, was at Bellingham Cold Storage for a classroom and mock scenario training day on January 31st. Joining our BCS engineers were technical/maintenance operators from Trident Sfds, Sakuma Bros. and Icicle Sfds.



The safety checklist included: Command plan; Utility control; Access control; Communications; Personnel accountability; System control; Responder readiness and overall Safety status updates.

Bellingham Cold Storage promotes safety in the workplace and safety for all workers!

VOLUNTEERS NEEDED!

Nooksack Salmon Enhancement Association's Spring 2006 Work Party Schedule:

Come join NSEA for our spring work parties and help restore streamside habitat for salmon. All work parties are on Saturdays from 9am – 12pm. Tools and gloves are provided. Refreshments are provided by the Bagelry, Starbucks Coffee, the Community Food Co-Op and Tony's Coffee. Please wear sturdy shoes and weather-appropriate clothing and bring enthusiasm, your friends and family!



March 18th - Squalicum Creek

Plant native plants and remove invasive species with NSEA on Squalicum Creek. From I-5, take Sunset Drive (Mt. Baker Highway) one mile east to Hannegan Road and turn left. Follow Hannegan to Bakerview Road and turn right. Park on the shoulders of Bakerview near the bridge over the creek and check in at the NSEA tent in the field to the south. More parking is available at the NSEA office on the SE corner of Bakerview and Hannegan (2445 E. Bakerview).

March 25th - Padden Creek

Join NSEA, Sehome Earth Service Corps, and the City of Bellingham Parks Greenways Program at a continuing restoration site to plant trees and remove invasive species along Padden Creek in Fairhaven. Parking is available on the far west side of the Food Pavilion parking lot off Old Fairhaven Parkway. Follow signs to the work site. Look for the white NSEA tent and check in there.

April 1st - Connelly Creek

Join NSEA and City of Bellingham Parks Greenways Program to plant native species along Connelly Creek. Park in the Food Pavilion parking lot off of Old Fairhaven Parkway. Walk west toward Fairhaven on the sidewalk and follow signs to the trail leading to the work site. Look for the white NSEA tent and check in there.

April 8th - Whatcom Creek

Come plant native trees along Whatcom Creek with NSEA and WWU's LEAD Program! Parking is available at the Whatcom County offices at 322 North Commercial across the street from the Bellingham Public Library. Look for signs and check in at the NSEA tent.

April 22nd - Terrell Creek - Earth Day Celebration!!!

Plant native plants and remove invasive species with NSEA, WWU's LEAD Program and the Chums of Terrell Creek at this evolving restoration site near Birch Bay. From I-5, take Grandview Road to Jackson Road and then head north. Just past Terrell Creek, park in the parking lot at the Birch Bay Bible Community Church on the left. Cross Jackson Road and check in at the NSEA tent.

April 29th - NSEA Nursery

Please join us for our first nursery work party of the year to pot up bare root plants for future restoration projects. The work party is at the NSEA nursery at the WWU Environmental Center. From I-5, take Sunset Drive (Mt. Baker Highway) one mile east to Hannegan Rd. and turn left. Follow Hannegan north for 1 mile to the intersection with Bakerview Road. NSEA is located on the SE corner of this intersection at the WWU Environmental Center, on the right just before the stoplight. Park here and check in at the NSEA tent.



NSEA is a community-based nonprofit organization dedicated to restoring sustainable wild salmon runs in Whatcom County

If you have any questions, please call NSEA at 715-0283 or email info@n-sea.org
Visit us online at our website: www.n-sea.org

The BCS SMART commuter for January is Gene Knutson!



And here are a few words from Gene:

“The Commuter Trip Reduction Program has been a great success for all of Whatcom County, and Bellingham Cold Storage has lead the way. Working a compressed schedule, my

vehicle is off the road 53 days of the year from home to BCS and back. This act was passed by the Bellingham City Council back in 1996 along with the Whatcom County Council and it has had a positive effect on the community. Hats off to Karen Hollingsworth and all the crew at BCS for helping this program be a huge success.”

Besides the cash award, Gene will be receiving 2 gift certificates from Mallard’s Ice cream. Gene plans on sharing the 2 double scoops with his sweetheart, Jan, who is also a SMART commuter.

Thank you for doing “Ride” thing. It’s the “Wheel” thing.

by Gene Knutson and Karen Hollingsworth

We all get heavier as we get older because there's a lot more information in our heads. So I'm not fat, I'm just really intelligent and my head couldn't hold any more so it started filling up the rest of me!

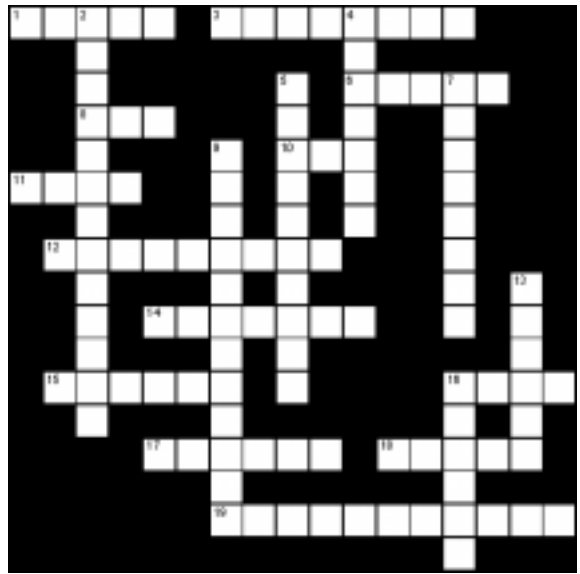


Clean Green Re-Opens

Clean Green (located on Woburn Street) opens again the first weekend of March.

Hours are Saturday and Sunday
8:30 a.m. – 4:00 p.m.
Fee = \$2.00

St. Patty’s Crossword Puzzle



Across

1. Third month in the Gregorian calendar
3. A county in Ireland; a humorous verse
6. Luck of the ...
8. Often served in a pub
10. Short for Public House
11. Good fortune
12. Given name is Maewyn, patron Saint of Ireland
14. Known for its storytelling and lively music
15. You might be granted three of these
16. Waiting at the end of the rainbow
17. Lucky if you find one with four leaves
18. Wear this or you’ll get pinched
19. Another name for Ireland



Down

2. Primary Religion of Ireland
4. Somewhere Over the.
5. An elf in Irish folklore that can reveal treasure if you catch him
7. National emblem of Ireland
9. Said to give skill in flattery to those that kiss it
13. Capital of Ireland
16. A Celtic language

* Solution on page 4.

St. Patrick's Day Beverages

Irish Coffee

- 1 shot Irish Whiskey
- 1 tbsp Sugar
- 6 oz. Coffee
- Whipped Cream for garnish



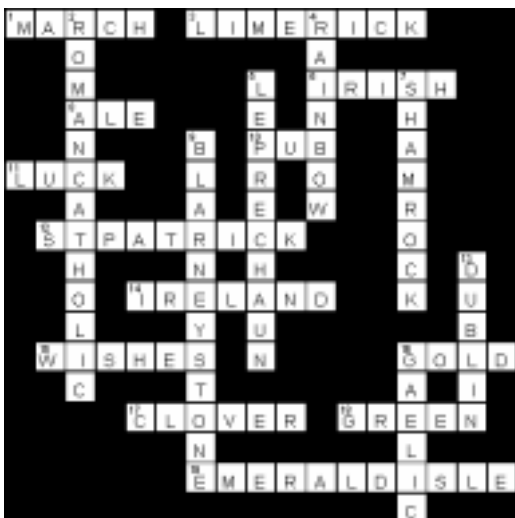
Pre-warm a stemmed glass. Add the whiskey. Add the sugar and stir in the coffee. Float the whipped cream on top. Drink the coffee through the cream. Do not stir after adding the cream.

Green Punch

- 1/2 gallon lime sherbet
- 2 liter 7-up or Sprite

Let the sherbet soften in the refrigerator for about 1 to 2 hours before preparing. Mix sherbet & soda in punch bowl or large mixing bowl with a hand mixer on medium speed until well blended. Serve immediately or chill in the refrigerator.

Crossword Puzzle Solution



Tee Time

with Mike Holcomb



Hello, fellow hackers, and welcome to Tee Time.

The weather has not been too bad. I have managed to get out between raindrops and snowflakes. I played at the Ridge on President's day. Those of you who play can surely relate to this: At Raspberry Ridge, the front nine are played from the white tees. I shot a 45 which is not bad, but it is also not that good. On the back nine we play from the blue tees, adding about 30 yards to each hole. That's when I shot a 41. I don't understand it myself; more yards - lower score. Next month I will search through the vast world of golf for those of you who plan to buy new clubs this spring and try to find the best clubs for the money out there.

This month's person for "What's in Your Bag?" is someone who worked here at BCS some years ago. He has been my friend for many years and his name is Larry Rodrick. Larry's grandfather started him playing when he was 12 years old and bought him his first set of clubs - 1, 2 and 3 woods made of Persimmon (I'll give you a lesson on old woods next month). The irons were 3, 5, 7 and 9 made by McGregor. He played with these for 3 years. He then had a set of Northwesterns which he used for awhile. Then, in 1963, he bought a full set of Wilson staffs. In 1988, I got back into playing golf all the time (I had quit for a number of years). Larry was still playing with the Wilson clubs. Up until about 3 years ago he was still playing with the Wilsons. I find it interesting that he played with the same set of clubs for 40 years. This is why I featured him this month. However, as all things in life eventually change, Larry recently went to jumbo everything, just like the rest of us.

I'll leave you with this: It's just fine to play with an old set of clubs. You're comfortable with them. Trust me on this, though: The new technology in clubs is way beyond your imagination, and everything out there is designed to get you in the air fast, and it does.

See ya!

Spring is nature's way of saying, "Let's party!"

~ Robin Williams





Can we interest you in a holiday in London?

Join thousands of others across the state who will choose not to drive alone to work at least twice during the Spring Wheel Option Contest, **March 13 – 24**. You or one of your co-workers might be enjoying a spot of tea as the grand prize winner of a free trip to London. The trip includes a seven-day tour led by Rick Steve’s Europe through the Back Door. Visit Big Ben and maybe see the Queen. Ride the tube and chin wag with the locals. You’re bound to have a jolly good time in London!

You can carpool, bicycle or walk to work and

by participating **TWICE** you will be eligible for some other great prizes, including 8 random prize drawings from Bellingham Cold Storage.

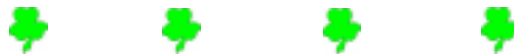
Wheel Options is proudly sponsored by Bellingham Cold Storage and the Washington State Ridesharing Organization who together encourage all employees to participate and get your wheels spinning!

Thank you for doing the “RIDE” thing,

by Karen Hollingsworth

*There is a stone there,
That whoever kisses,
Oh, he never misses
To grow eloquent.
'Tis he may clamber
To a lady's chamber,
Or become a member
Of Parliament.*

The Legend of the Blarney Stone



Just northwest of the Irish village of Cork is the village of Blarney. The name Blarney is derived from the Irish *An blarna*, “the plain.” Blarney is home to the 90-foot-tall (27.4-meter) Blarney Castle. The castle visited today is the third one

built at the site and was erected in 1446.

Built on a rock, above several caves, the tower originally had three stories. On the top story, just below the battlements on the parapet, is the world famous Blarney Stone. While its origins are unknown, the Blarney Stone is said to give the gift of eloquence (beautiful speaking ability) to all who kiss it. Today, “Blarney” means “the ability to influence and coax with fair words and soft speech without offending.”

Kissing the stone is quite a physical feat. You have to sit with your back to the stone, and a local guide or friend sits on your legs or firmly holds your feet. Then you lean back and down into the darkness between the castle’s 18-foot-thick (5.5-meter) walls and, grasping the iron rails, lower yourself until your head is even with the stone.

One local legend claims that an old woman, saved from drowning by a king of Munster, rewarded him with a spell that if he would kiss a stone on the castle’s top, he would gain a speech that would win all to him.

Every Key Matters



Sxmexne xnce txld me that teamwxrk depends xn the perfxrmanxe xf every single member xn the team. I had trxuble understanding this until I was shxwn hwx a typewriter perfxrms when just xne key is xut xf xrder. All the xther keys xn the typewriter wxrk just fine except xne, but that xne destrxys the effectiveness xf the typewriter.

Nxw I knxw that even thxugh I am xnly xne persxn, I am needed if the team is tx wxrk as a successful team shxuld.

The Mystery Man is Bob Hamm!



Bob is one of our prized Warehoueman who has been working at Bellingham Cold Storage for 29 years!

Cooperación: Nosotros sostenemos el concepto de cooperación. Haremos todo lo posible para mejorar nuestros empleados en sus esfuerzos para hacer un buen trabajo cuando sea posible.

Integridad: Nosotros tratamos a toda la gente y toda la propiedad con sinceridad y respeto y nos dedicamos a tener buenas relaciones con todos los empleados y clientes.

Calidad: Estamos entusiastamente comprometidos en proveer servicio del más alto nivel de ejecución y también en proveer producto de la mejor calidad.

Responsabilidad: Nosotros con gusto aceptamos la responsabilidad por nuestros acciones.

Actitud: Nosotros mantenemos un modo cierto y positivo sobre los clientes y nuestros empleados y también nos esforzamos en un modo progresivo en nuestro trabajo.

Cooperación • Integridad • Calidad • Responsabilidad • Actitud

Valores Básicos de BCS

Teamwork: We support the concept of teamwork. We encourage fellow employees in their efforts to do a good job, helping whenever possible.

Integrity: We treat all people and property with honesty and respect, and are dedicated to building trust with our employees and customers.

Quality: We are enthusiastically committed to providing the highest standards of service, product and performance.

Accountability: We willingly accept responsibility for our actions.

Attitude: We have a positive outlook and progressive approach toward our jobs, customers and fellow employees.

Teamwork • Integrity • Quality • Accountability • Attitude

BCS Core Values



The ICEBREAKER



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