



## May Anniversaries

Carole Sorenson	32
Mike Coggins	19
Marco Llamas	9
Derek Andricos	6
Seamus O'Carey	1
Patrick Regan	1

## Challenge Your Brain to a Sudoku Puzzle

		3			7	1	2	
	2							4
1		4		6				
6				7	2			9
	1	9				5	3	
8			3	9				2
				1		2		3
5							4	
	7	2	4			9		

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9. That's all there is to it. There's no math involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive!

Puzzle solution is on page 5.



## Employee of the Month

The recipient of April's Employee of the Month award is one of those quiet, diligent workers.

He goes about his work at a steady pace. Whether it is unloading a customer's goods into dry storage, sorting and inventorying our pallets, hauling items to and from the Orchard and Squalicum plants or various other errands with the truck and trailer, you can always rely on Bill Lanoureaux to help out wherever needed with a "can-do" attitude.

Bill is often out of sight, but we all appreciate everything he does. When he is on vacation, the impact of how much he takes care of around here is definitely felt by many.

Thank you, Bill, for all your hard work! It is greatly appreciated.



by Sandy Olson, Purchasing Representative & Tim Unger, Squalicum Plant Manager

Donna Johnson is the first to congratulate Bill.

## Benefit Garage Sale Date Changed to Saturday, May 20th

The Greatest Garage Sale on Earth will take place on Saturday, May 20th!

All proceeds from the garage sale will benefit the Susan G. Komen Breast Cancer Foundation to fund breast cancer research, education, screening and treatment programs.

If you have items that you would like to donate to the sale, please contact Debra at extension 102 or Nancy at extension 118 (733-1640). Please donate items by May 13, 2006.

The sale will take place at 2628 Elm Street from 8:00 a.m. – 3:00 p.m.

Thank you for your generous support.

Debra & Nancy



# Things My Mother Taught Me

(a little bit of **Mother's Day** humor)

- ♥ My mother taught me TO APPRECIATE A JOB WELL DONE.  
“If you’re going to kill each other, do it outside. I just finished cleaning.”
- ♥ My mother taught me RELIGION.  
“You better pray that will come out of the carpet.”
- ♥ My mother taught me about TIME TRAVEL.  
“If you don’t straighten up, I’m going to knock you into the middle of next week!”
- ♥ My mother taught me LOGIC.  
“Because I said so, that’s why.”
- ♥ My mother taught me FORESIGHT.  
“Make sure you wear clean underwear, in case you’re in an accident.”
- ♥ My mother taught me IRONY.  
“Keep crying, and I’ll give you something to cry about.”
- ♥ My mother taught me about the science of OSMOSIS.  
“Shut your mouth and eat your supper.”
- ♥ My mother taught me about CONTORTIONISM.  
“Will you look at the dirt on the back of your neck!”
- ♥ My mother taught me about STAMINA.  
“You’ll sit there until all that spinach is gone.”
- ♥ My mother taught me about WEATHER.  
“This room of yours looks as if a tornado went through it.”
- ♥ My mother taught me about HYPOCRISY.  
“If I told you once, I’ve told you a million times. Don’t exaggerate!”
- ♥ My mother taught me about BEHAVIOR MODIFICATION.  
“Stop acting like your father!”
- ♥ My mother taught me about ANTICIPATION.  
“Just wait until we get home!”
- ♥ My mother taught me MEDICAL SCIENCE.  
“If you don’t stop crossing your eyes, they’re going to freeze that way.”
- ♥ My mother taught me HUMOR.  
“When that lawn mower cuts off your toes, don’t come running to me.”
- ♥ My mother taught me HOW TO BECOME AN ADULT.  
“If you don’t eat your vegetables, you’ll never grow up.”
- ♥ My mother taught me WISDOM.  
“When you get to be my age, you’ll understand.”
- ♥ My mother taught me about JUSTICE.  
“One day you’ll have kids, and I hope they turn out just like you!”

# BCS Engineers are Put to the Test

by Karen Hollingsworth, BCS Training Coordinator



*Bruce and John learn a new dance step.*

Kurt McFadden from Sanderson Safety brought his expertise to our engineers on March 29th.

The engineers require a respiratory medical exam annually along with a Qualitative Face Fit test with their personal mask.

This test requires the engineers to be clean shaven or have a very short mustache to guarantee a safe and tight mask seal. The engineers tested were put through several

rigorous exercises and all successfully passed.



*Kurt McFadden gives Bruce and John their Face Fit test.*




*Doug, Gary and Mike listen intently while Kurt speaks.*

## New Arrival!

Congratulations to Alejandro and Maria Padilla on the birth of their son, Alejandro, who was born on April 25th.



Welcome Alejandro!



**BCS will be closed  
on Memorial Day,  
Monday, May 29th.**



**Remember your Mom  
on Mother's Day,  
Sunday, May 14th.**



# BCS Computer Upgrade

by Clyde Duranceau, Information Systems Manager



Springtime is the season of new beginnings and the BCS computer environment is no exception. After many weeks of planning, preparation and implementation we are about 98% complete with the computer hardware and software upgrade.

Thanks to the staff at Network Solutions Northwest whose expertise in network infrastructure, hardware and software installation made the switch from the old Windows 95, 98, Office 97, NT4 server and Exchange 5.5 to the new Windows XP, Office 2003, Windows server 2003 and Exchange server 2003 a relatively smooth transition. Most of the servers in the server room have been replaced with Dell rack-mounted servers. All of the 10/100MB (Mega-Bit) switches and fiber hubs in the server room and throughout both the Squalicum and Orchard plants have been replaced with GB (Giga-Bit) switches. All desktop PCs have been replaced by Dell PCs with 17" flat panel monitors. A special thanks

to our dedicated IS staff, Judi Edwards and Nancy Waterman, for all of the extra work and hours in assisting with the upgrade.

All of this would not have been possible without the support of Ownership and management. Thank you to the BCS Board of Directors for approving this major project. Thanks also to, Doug Thomas, President and to Brad Flinn, Chief Financial Officer for their continued support.

Some of the benefits of the upgrade are increased efficiency, software compatibility with customers and vendors, less desk space needed, smaller faster computers, less stress and less maintenance. The downside is that we ended up with a lot of obsolete equipment, some of which ended up in my office and outside my office, some of it in the back-up server room out in the plant and some in the purchasing agents' supplies storage area.

This has been a quantum leap for BCS as far as computer technology goes and will be a compliment to the sophisticated applications we are running. Computers never cease to amaze me in the fact that they keep getting smaller in size, faster in processing and bigger in capacity.

Computers are great tools that can be used to accomplish a never-ending number of tasks and I have enjoyed working with computers for many years. However, as much as I enjoy working with and on computers I also need to become disconnected from time to time.

I find that bicycling is a great stress reliever for me. So, when I bike there is no walkman and the cell phone is turned off. All I want to hear is the sound of the tires on the road, the wind and an occasional bird chirping. Now I am connected to something that is just as satisfying as a successful computer upgrade.



## Bellingham Fire Belle Visits BCS

The Bellingham Fire Belle motored to the BCS docks on April 14, 2006 for a mini practice drill.

The Bellingham Fire Department and BCS work closely to promote safety in our community and this was a great photo opportunity.

by Karen Hollingsworth

## Why Computers Sometimes Crash!

by Dr. Seuss



If a packet hits a pocket on a socket on a port, and the bus is interrupted at a very last resort, and the access of the memory makes you floppy disc abort, then the socket packet pocket has an error to report.

If your cursor finds a menu item followed by a dash, and the double-clicking icon puts your window in the trash, and your data is corrupted cause the index doesn't hash, then your situation's hopeless and your system's gonna crash!

If the label on the cable on the table at your house, says the network is connected to the button on your mouse, but your packets want to tunnel to another protocol, that's repeatedly rejected by the printer down the hall.

And your screen is all distorted by the side effects of gauss, so your icons in the window are as wavy as a souse; then you may as well reboot and go out with a bang, 'cuz sure as I'm a poet, the sucker's gonna hang.

When the copy of your floppy's getting sloppy in the disk, and the macro code instructions are causing unnecessary risk, then you'll have to flash the memory and you'll want to RAM your ROM, and then quickly turn off the computer and be sure to tell your Mom!

## Hear Ye! Hear Ye! Loosen Up and Listen Up

March 22nd brought the LISTEN van and audiologist Beth Peterson to Bellingham Cold Storage. Required hearing tests were done for BCS employees. It was such a pleasant afternoon. Employees were on time and approached the paperwork with a business-like attitude. Beth was very professional and explained personal results to each employee. I appreciate everyone who participated and see you next year.

by Karen Hollingsworth, BCS Training Coordinator



Beth Peterson



Brothers, Rigoberto and Donis, take the test together.



Lorenzo concentrates on paperwork. No camera posing today.



Patrick Regan shines a smile for the camera - he's a poser.



Mike Clausen is so excited to see his test scores.

## Thank you to everyone who took part in Wheel Options!

BCS employees wheeled our way to cleaner air for everyone during the contest March 13 – 24th. Aside from beginning or continuing a great new healthy habit, everyone who tried a commute option at least twice during those two weeks was entered in our company drawing for \$25.00 gift certificates from Hardware Sales.

The eight winners are: Dave Wanlin, Duane Shelly, Mike Holcomb, Bob Hickok, Todd Morrow, Carlos Flores, Bruce Sines and John Duncan. All 36 Wheel OptiOn entries received a Sasquatch Coupon.

Your trip, your way! BCS thanks you for doing the RIDE thing.

by Karen Hollingsworth,,  
BCS SMART commuter coordinator





## Tee Time

with Mike Holcomb

Hello, fellow hackers, and welcome to Tee Time.

This is one of my favorite times of the year for golf. During the past few months the golf courses would not dry out from the rain because it wasn't quite warm enough. Now when it rains in the morning and clears off in the afternoon the temperature climbs into the 70's in less than an hour. I have said every year, "as the weather gets warmer, the weather report gets smaller."

I went over to Eric Brown's house the other night to play some pool. We won't go into what a disgusting example of pool I put forth, but let's just say it wasn't pretty. While I was watching Eric take me apart, I realized that pool is a game of geometric angles similar to that of putting in golf.

In pool it is all about the angles; mainly straight, right or left angles. In putting, most of the angles are curved because the surface is not flat. In order to get the ball to roll into the hole, you have to do what we who play golf call "read the break." In short, it's figuring out how much the ball will curve to get to the hole, without going in front of or behind the hole. There are some things you have to take into consideration when reading the break: One is the speed of the green, which you can find out on the practice green, but most times the playing greens are faster. Greens are also rolled with heavy metal rollers which make them faster. Another fact to consider is the type of grass planted on the green. The two most popular are Bentgrass and Bermuda grass. One thing to keep in mind is that where there is water, Bentgrass will grow facing the water, even if it's uphill. You should take this into consideration when reading the break. You can find out the kind of grass used on any golf course just by asking at the pro shop. Playing different courses a few times will give you some insight as to how the greens will break. For example North Bellingham's greens are very fast, while Dakota Golf's are medium to slow, making both courses hard to read.

Just a reminder - the B.C.S. tournament is Saturday, May 20<sup>th</sup>. I will start a list at the first of the month, so come and find me if you want to play.

I will leave you with something that D. Thomas once sent to me that I found entertaining: The Scotts were sitting around at St. Andrews trying to figure out how many holes a golf course should have. One of them said, "after each hole he would have a shot of Scotch whiskey." Since there were only 18 shots in the bottle he could not see any reason to play after the bottle was empty, so they quit after 18 holes. I don't know if this is true or not, but it is a good story.

See ya!

**Cinco De Mayo** Friday, May 5th!

## Sudoku Solution

9	5	3	8	4	7	1	2	6
7	2	6	5	3	1	8	9	4
1	8	4	2	6	9	3	7	5
6	3	5	1	7	2	4	8	9
2	1	9	6	8	4	5	3	7
8	4	7	3	9	5	6	1	2
4	9	8	7	1	6	2	5	3
5	6	1	9	2	3	7	4	8
3	7	2	4	5	8	9	6	1

## Thanks to José & Mario

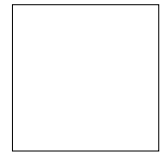
José Sanchez and Mario Gonzalez have completed the Stormwater Decal Project. This job took skill. It meant reading a complex map which includes the city sewer system and the stormwater drains. There are 85 storm drains in the main facility and 35 storm drains at Orchard. Take a look down on the pavement when you are out and about and see what a good job Jose and Mario have done. BCS is a good steward of our bay!

by Karen Hollingsworth





Bellingham Cold Storage Company  
 Squalicum Waterway  
 2825 Roeder Ave  
 PO Box 895  
 Bellingham, Washington 98227-0895  
 Phone: (360) 733-1640  
 Fax:: (360) 671-1259  
 E-mail: bellcold@bellcold.com  
 Website: www.bellcold.com



May 2006

## BCS Core Values

*Teamwork • Integrity • Quality • Accountability • Attitude*

*Teamwork: We support the concept of teamwork. We encourage fellow employees in their efforts to do a good job, helping whenever possible.*

*Honesty: We treat all people and property with honesty and respect, and are dedicated to building trust with our employees and customers.*

*Quality: We are enthusiastically committed to providing the highest standards of service, product and performance.*

*Accountability: We willingly accept responsibility for our actions.*

*Attitude: We have a positive outlook and progressive approach toward our jobs, customers and fellow employees.*

## Valores Basicos de BCS

*Cooperacion • Integridad • Calidad • Responsabilidad • Actitud*

*Cooperación: Nosotros soportamos el concepto de cooperación. Hemos todo lo posible para animar nuestros empleados en sus esfuerzos para hacer un buen trabajo cuando sea posible.*

*Integridad: Nosotros tratamos a toda la gente y toda la propiedad con sinceridad y respeto y nos dedicaremos sobre tener buenas relaciones con todos los empleados y clientes.*

*Calidad: Estamos entusiastamente comitedo en proveer servicio del mas alto nivel de ejecución y tambien en proveer producto de la mejor calidad.*

*Responsabilidad: Nosotros con gusto acepto la responsabilidad por nuestros acciones.*

*Actitud: Nosotros mantenemos un modo cierto y positivo sobre los clientes y nuestros empleados y tambien mestraremos un modo progresivo en nuestro trabajo.*